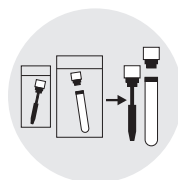


INSTRUCTIONS FOR COLLECTION

**Rhinostics HIPPOstic**

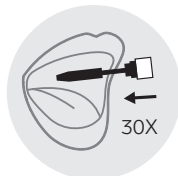
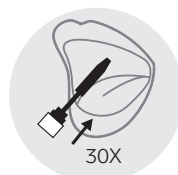
**Important:** Do not eat, drink, smoke, or chew gum for 30 minutes before collecting a buccal sample. Do not touch the flat swab tip. Only handle the flat swab by the cap.

**STEP 1**  
Removal



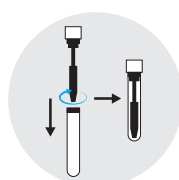
1. Carefully remove the flat swab from the package without touching the collection end of the swab.
2. Remove the collection tube from the package so that it is ready for the sample to be placed into the transport tube.

**STEP 2**  
Collect Sample



3. Hold the flat swab by the cap and collect the sample as follows:
  - a. Insert the tip of the swab into the mouth and firmly place the swab flat against the inside of the cheek. Move the swab up and down 30 times along the inside of the cheek and upper gum.
  - b. Make sure you are making firm contact with the flat side of the swab and the inside of the cheek.
  - c. Flip the swab over to the opposite side of the mouth and repeat, using the other side of the flat swab to move up and down 30 times along the inside of the cheek and upper gum.

**STEP 3**  
Seal



4. Remove the cap from the tube and **discard**. Replace the cap with the flat swab in the tube portion of the collection device.
5. Carefully screw the flat swab into the tube, so that it is completely closed. Make sure the cap is closed tightly. The original tube cap is no longer needed and should be thrown away.